

**ATTUD APPLICATION FORM FOR WEBSITE LISTING (PHASE 1):  
TOBACCO TREATMENT SPECIALIST (TTS) TRAINING PROGRAM**

**APPLICATION NUMBER: TTS – 2009\_4\_0010**

**PROGRAM INFORMATION & OVERVIEW**

Date of this Application	April 3, 2009
Full Name of Training Program	Smoking Cessation International Conference
Organizational / Institutional Sponsor	Instituto Ave Pulmo, Fundación Enfisema, Buenos Aires Medical Council.
Street Address	Carlos M. Alvear 3345
City, State, Zip (or equivalent)	Mar del Plata, Buenos Aires
Country	Argentina
Website Address / URL	<a href="http://www.avepulmo.com">www.avepulmo.com</a> Being developed
Contact Name	Luis Wehbe
Telephone	54-223-4510579
Fax	54-223-4514569
Email Address	lwehbe@gmail.com
Sources of Funding (check all that apply)	<input type="checkbox"/> Federal grants <input checked="" type="checkbox"/> State grants / appropriations / tobacco control programs <input type="checkbox"/> Fee for services <input type="checkbox"/> Other in-house funding <input checked="" type="checkbox"/> Pharmaceutical industry contracts <input checked="" type="checkbox"/> Foundation funding (non-governmental organizations) <input type="checkbox"/> Other, please describe:
Years Training Program has been in Existence	Two years
Number of Tobacco Treatment Specialists (TTS) trained to date	200
Is the training curriculum based upon a set of evidenced-based guidelines?	<input checked="" type="checkbox"/> Yes, cite: <u>The training curriculum is based on tobacco treatment guidelines from the US, England and New Zealand and supplemented with information from the Cochrane Systematic Reviews</u> <input type="checkbox"/> No, please explain:
Registration	Resident rate: \$50 Non-Resident rate: \$100
What is covered by this cost?	<input checked="" type="checkbox"/> Enrollment <input checked="" type="checkbox"/> Learning materials <input checked="" type="checkbox"/> Testing <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> Support after the program is completed <input type="checkbox"/> Web-based or other resource materials <input type="checkbox"/> Other, describe:
Are Continuing Education Credits offered?	<input type="checkbox"/> Yes, describe: <input checked="" type="checkbox"/> No



Is Certification offered?	<input checked="" type="checkbox"/> Yes, by the training program or sponsor institution <input checked="" type="checkbox"/> Yes, by an external board  Describe certification process: We are offering the certification of our Institution (Emphysema Foundation Programe) and a Certification from the Medical Board of Buenos Aires. Other certifications are being discussed at the moment.  <input type="checkbox"/> No certification available
Duration of Certification Award	One year.
Is Certification available to non-residents?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Cost	<input checked="" type="checkbox"/> Included as part of Training Registration Fee <input type="checkbox"/> Initial Certification fee charged:       \$ <input type="checkbox"/> Re-Certification fee charged:           \$
Educational requirements	University level training in nursing, medicine or other health care related careers
Credential requirements	none
Experience requirements	knowledgeable in smoking cessation treatments
Examination requirement (check all that apply)	<input checked="" type="checkbox"/> On-site <input type="checkbox"/> Off-site  <input type="checkbox"/> On-line <input checked="" type="checkbox"/> Paper test <input type="checkbox"/> Other, describe:  <input type="checkbox"/> None
Other requirements	
Number of TTS certified to date	Last year we had 200 people who did the course and got their certification

### ENDORSEMENT OF ATTUD COMPETENCIES

The Association for the Treatment of Tobacco Use and Dependence (ATTUD) has developed a list of core competencies. ATTUD recommends that all Tobacco Treatment Specialist Trainings offer instruction in these core areas. Brief descriptions of these competencies follow. For a more comprehensive description of the core competencies, go to: <http://www.attud.org/tts.php>

**Please limit your response for each competency to a maximum of 125 words.**

**Definition:** A Tobacco Treatment Specialist is a professional who possesses the skills, knowledge and training to provide effective, evidence-based interventions for tobacco dependence across a range of intensities. The TTS may have various professional affiliations and may work in a variety of settings including but not limited to hospitals, community health centers, HMOs, medical and dental practices, educational settings, social service agencies, tobacco treatment centers, telephone quitlines, drug abuse treatment programs and mental health centers. The TTS may engage not only in providing treatment but also in educating others (health care professionals, administrators, scientists, smokers, nonsmokers) about tobacco dependence treatments.

**Which of the following are addressed by your training program?**

<p><b><u>Tobacco Dependence Knowledge &amp; Education</u></b>  Provide clear and accurate information about tobacco use, strategies for quitting, the scope of the health impact on the population, the causes and consequences of tobacco use</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Lectures on tobacco use and dependence, health consequences of smoking, and benefits of cessation. Evidence-based behavioural and pharmacological treatments techniques shall be reviewed in detail and in different parts of the course (lectures, case presentation, workshops). Skills and training will be provided to achieve competence in the delivery of effective and evidence based tobacco treatments. The trainees will obtain a knowledgeable-Proficient level in the field.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Counseling Skills</u></b>  Demonstrate effective application of counseling theories and strategies to establish a collaborative relationship and to facilitate client involvement in treatment and commitment to change</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: There will be tutorials and workshops during the three days, discussing topics as active listening, empathy, and how establish a warm relationship with the patients. The training predominantly focuses on Withdrawal Oriented Treatment (used commonly in the UK NHS Stop Smoking Services) but will discuss other types of counseling common used to help smokers to quit. Group based counseling will also be discussed and demonstrated. We aim to obtain a knowledgeable-proficient level of training in this field. Intensive intervention shall be encouraged.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Assessment Interview</u></b>  Conduct an assessment interview to obtain comprehensive and accurate data needed for treatment planning</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: The assessment smoking history including previous experiences of quitting smoking, co-morbidities that may impact on treatment outcome (e.g. mental health illness), assessment of level of tobacco dependence,, addressing inaccurate expectations and different treatment options should be discussed clearly. We consider that this is a key part of the course and the level of knowledge obtained shall be proficient.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Treatment Planning</u></b>  Demonstrate the ability to develop an individualized treatment plan using evidence-based treatment strategies</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: the trainees will be trained in developing a treatment plan along with the patient to best suit their needs and expectations. Other issues, such a secondary effects of medications or negative outcomes shall be considered in the context of a chronic and relapsing condition. The level of knowledge obtained shall be proficient.</p> <p><input type="checkbox"/> Not addressed</p>

<p><b><u>Pharmacotherapy</u></b> Provide clear and accurate information about evidence-based pharmacotherapy options available and their therapeutic use</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Lectures, workshops and case studies to ensure that trainees have good working knowledge of the main pharmacotherapies for smoking cessation (NRT, Varenicline and Bupropion). This will include information regarding their effectiveness, adverse events, combination of pharmacotherapy with counseling, correct use and dose of different products. Advantages of the different ones and the need of higher doses. The level of knowledge obtained shall be proficient.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Relapse Prevention</u></b> Offer methods to reduce relapse and provide ongoing support for tobacco-dependent persons</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: The risk of relapse and its incidence shall be addressed. There are as yet no effective interventions to prevent relapse, however trainees will discuss how the risk of relapse may be reduced, (e.g. teaching coping skills) and ways in which to provide ongoing support.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Diversity &amp; Specific Health Issues</u></b> Demonstrate competence in working with population subgroups and those who have specific health issues</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Adolescents and smoking, pregnancy, concomitant addictions, psychiatric patients should be addressed in the course, using evidence based literature. The importance of referrals, increased contact and the use of other alternative techniques will be addressed.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Documentation &amp; Evaluation</u></b> Describe and use methods for tracking individual progress, record keeping, program documentation, outcome measurement and reporting</p>	<p><input type="checkbox"/> This competency is addressed as follows: The importance of developing accurate records and ways for tracking patients and assess smoking status at least 6 months after their quit date will be discussed. A computerized clinical chart that can help to obtain information in the future and that information can be shared for research purposes. It should be mentioned and encouraged the use of Excel or SPSS.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Professional Resources</u></b> Utilize resources available for client support and for professional education or consultation</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: How to remain updated and search for information to continue with the current knowledge and new developments in smoking cessation and how to train others is an important part of the course. Membership of ATTUD will also be encouraged.</p> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Law &amp; Ethics</u></b> Consistently use a code of ethics and adhere to government regulations specific to the health care or work site setting</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Trainees will discuss and debate the duty of care healthcare professionals have towards people who smoke. The ethics of healthcare practice will also be briefly covered.</p> <p><input type="checkbox"/> Not addressed</p>

<p><b>Professional Development</b> Assume responsibility for continued professional development and contributing to the development of others</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: The existence of other programs in the country, like pre conference courses, short meetings, and other sources of information will be highlighted to trainees. The need to continue an update in smoking cessation and a review of new developments will be encouraged. The proposition of a smoking cessation net with exchange of new information can be mentioned.</p> <p><input type="checkbox"/> Not addressed</p>
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**ADDITIONAL CONSIDERATIONS**

<p>ATTUD endorses training to and use of evidence-based treatments. Most guidelines and experts do not consider the following to be examples of evidence-based procedures: hypnosis, acupuncture, low laser light therapy, anticholinergic injections, vitamin therapy, and the use of reduced harm tobacco products.</p> <p>Given the above, do you consider your program to be evidence-based?</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Please provide any additional commentary you would like ATTUD to consider: Dr Hayden Mc Robbie will be assisting with the curriculum development, teaching, and ongoing clinical support for this programme. His CV is attached.</p>
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<p>It is the opinion of ATTUD that any affiliation with or funding from the tobacco industry compromises training efforts related to the treatment of tobacco dependence.</p>	<p>Is your program affiliated with the tobacco industry in any manner? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain any arrangements in detail:</p> <p>Does your program accept any funding or is it supported in any way by tobacco industry funding? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain any arrangements in detail:</p>
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## ADMINISTRATIVE ASSURANCE

This application is hereby submitted to the **Association for the Treatment of Tobacco Use and Dependence** (ATTUD). We attest to the following:

1. All information provided in the associated application form is complete and accurate, to the best of my knowledge.
2. Our program has been in operation for at least one year.
3. Our program is currently active.
4. We agree to notify ATTUD with any significant changes to the information provided above.
5. We understand that if approved, our program information will be viewable on the ATTUD website and downloadable as a PDF file.

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TTS Training Program Director:	Dr Luis Wehbe and Dr Hayden McRobbie
Today's Date:	April 9 <sup>th</sup> , 2009
Telephone Number:	54 2234510579/542234108383
Fax Number:	54223 4514569
Email Address:	lwehbe@gmail.com

By checking this box, and having provided my contact information directly above, I acknowledge (a) my agreement with the statements above, and (b) this action represents the equivalent of a written signature.

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Department Chair / Institutional Executive:	Instituto AVE PULMO, Emphysema Foundation Program
Today's Date:	9 <sup>th</sup> of April, 2009
Telephone Number:	02234510579
Fax Number:	54223 4514569
Email Address:	lwehbe@gmail.com

By checking this box, and having provided my contact information directly above, I acknowledge (a) my agreement with the statements above, and (b) this action represents the equivalent of a written signature.

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