

**ATTUD APPLICATION FORM FOR WEBSITE LISTING (PHASE 1):  
TOBACCO TREATMENT SPECIALIST (TTS) TRAINING PROGRAM**

**APPLICATION NUMBER: TTS – 2011\_7\_0012**

**PROGRAM INFORMATION & OVERVIEW**

Date of this Application	7/15/2011
Full Name of Training Program	Tobacco Treatment Specialist Training: A 3-Day Foundation Course
Organizational / Institutional Sponsor	Florida State University (FSU) AHEC Tobacco Program
Street Address	1115 W. Call Street, Suite 3200
City, State, Zip (or equivalent)	Tallahassee, FL 32306-4300
Country	Leon
Website Address / URL	www.med.fsu.edu/healthaffairs/ahec
Contact Name	Mary Dailey
Telephone	850-645-8584
Fax	850-645-2859
Email Address	mary.dailey@med.fsu.edu
Sources of Funding (check all that apply)	<input type="checkbox"/> Federal grants <input checked="" type="checkbox"/> State grants / appropriations / tobacco control programs <input type="checkbox"/> Fee for services <input type="checkbox"/> Other in-house funding <input type="checkbox"/> Pharmaceutical industry contracts <input type="checkbox"/> Foundation funding (non-governmental organizations) <input type="checkbox"/> Other, please describe:
Years Training Program has been in Existence	1 year - first training was held in February, 2010
Number of Tobacco Treatment Specialists (TTS) trained to date	122
Is the training curriculum based upon a set of evidenced-based guidelines?	<input checked="" type="checkbox"/> Yes, cite: ATTUD Standards for Core Competencies for Tobacco Treatment Specialist and the USPHS Clinical Practice Guidelines for Treating Tobacco Use and Dependence  <input type="checkbox"/> No, please explain:
Registration	Resident rate: \$175.00 (\$200.00 if you stay for the Tobacco Cessation Facilitator Training (Quit Smoking NOW) - 4 hours on day 4) Non-Resident rate: \$Same as above
What is covered by this cost?	<input checked="" type="checkbox"/> Enrollment <input checked="" type="checkbox"/> Learning materials <input type="checkbox"/> Testing <input type="checkbox"/> Certification <input checked="" type="checkbox"/> Support after the program is completed <input type="checkbox"/> Web-based or other resource materials <input type="checkbox"/> Other, describe:

Are Continuing Education Credits offered?	<input checked="" type="checkbox"/> Yes, describe: Nursing, Respiratory Therapy, Pharmacy Dentistry, Social Worker, Mental Health Counseling and Marriage/Family Therapists <input type="checkbox"/> No
Are supplemental training opportunities available? List only those directly related to TTS training.	<input checked="" type="checkbox"/> Yes, describe: Additional training/education opportunities will be offered for TTS - they include Motivational Interviewing, Pharmacotherapy, Other Tobacco Products, and Recertification Assistance Courses <input type="checkbox"/> No

### TRAINING FORMAT(S)

In-Person (check all that apply)	<input checked="" type="checkbox"/> Required <input type="checkbox"/> Optional <input type="checkbox"/> Can be a sole training modality  Time required <input checked="" type="checkbox"/> Days: 3 <input checked="" type="checkbox"/> Hours: 24 hours
On-Line (check all that apply)	<input type="checkbox"/> Required <input type="checkbox"/> Optional <input type="checkbox"/> Can be a sole training modality  Time required <input type="checkbox"/> Days: <input type="checkbox"/> Hours:
Self-Study (check all that apply)	<input type="checkbox"/> Required <input type="checkbox"/> Optional <input type="checkbox"/> Can be a sole training modality  Time required <input type="checkbox"/> Days: <input type="checkbox"/> Hours:
Other (check all that apply)	Describe:  <input type="checkbox"/> Required <input type="checkbox"/> Optional <input type="checkbox"/> Can be a sole training modality  Time required <input type="checkbox"/> Days: <input type="checkbox"/> Hours:

### TRAINING ELIGIBILITY

Educational requirements	FSU has intentionally decided not to mandate minimum educational requirements to allow professional, para-professional and lay people to obtain training and technical assistance for a variety of tobacco related initiatives.
Credential requirements	Requirements are being completed by the Florida Certification Board and should be available late summer 2011.
Experience requirements	Training is appropriate for those who are new to the tobacco field or have intermediate level experience.
Tobacco-free for a specified period?	<input checked="" type="checkbox"/> Yes, for how long: 1-year <input type="checkbox"/> No
Other requirements	Participants are expected to attend the full training session, be on time each day and complete pre and post tests.

### CERTIFICATION

Is Certification offered?	<input type="checkbox"/> Yes, by the training program or sponsor institution <input checked="" type="checkbox"/> Yes, by an external board  Describe certification process: Certification in Florida should be available by late summer, 2011 through the FL Certification Board.  <input type="checkbox"/> No certification available
Duration of Certification Award	
Is Certification available to non-residents?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Cost	<input type="checkbox"/> Included as part of Training Registration Fee <input type="checkbox"/> Initial Certification fee charged:       \$ <input type="checkbox"/> Re-Certification fee charged:         \$
Educational requirements	
Credential requirements	
Experience requirements	
Examination requirement (check all that apply)	<input type="checkbox"/> On-site <input type="checkbox"/> Off-site  <input type="checkbox"/> On-line <input type="checkbox"/> Paper test <input type="checkbox"/> Other, describe:  <input type="checkbox"/> None
Other requirements	
Number of TTS certified to date	

### ENDORSEMENT OF ATTUD COMPETENCIES

The Association for the Treatment of Tobacco Use and Dependence (ATTUD) has developed a list of core competencies. ATTUD recommends that all Tobacco Treatment Specialist Trainings offer instruction in these core areas. Brief descriptions of these competencies follow. For a more comprehensive description of the core competencies, go to: <http://www.attud.org/tts.php>

**Please limit your response for each competency to a maximum of 125 words.**

**Definition:** A Tobacco Treatment Specialist is a professional who possesses the skills, knowledge and training to provide effective, evidence-based interventions for tobacco dependence across a range of intensities. The TTS may have various professional affiliations and may work in a variety of settings including but not limited to hospitals, community health centers, HMOs, medical and dental practices, educational settings, social service agencies, tobacco treatment centers, telephone quitlines, drug abuse treatment programs and mental health centers. The TTS may engage not only in providing treatment but also in educating others (health care professionals, administrators, scientists, smokers, nonsmokers) about tobacco dependence treatments.

**Which of the following are addressed by your training program?**

<p><b><u>Tobacco Dependence Knowledge &amp; Education</u></b>  Provide clear and accurate information about tobacco use, strategies for quitting, the scope of the health impact on the population, the causes and consequences of tobacco use</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:  Knowledge and Education module which covers:</p> <ul style="list-style-type: none"> <li>- History of Tobacco</li> <li>- Development of the US tobacco industry and knowledge about the consequences of smoking</li> <li>- Public health perspective of tobacco use</li> <li>- Prevalence and trend data</li> <li>- Health effects contributed to tobacco use</li> <li>- Key components associated with tobacco control.</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Counseling Skills</u></b>  Demonstrate effective application of counseling theories and strategies to establish a collaborative relationship and to facilitate client involvement in treatment and commitment to change</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:  Counseling Skills 1 module which covers:</p> <ul style="list-style-type: none"> <li>- Clinical Practice Guidelines</li> </ul> <p>Counseling Skills 2 module which covers:</p> <ul style="list-style-type: none"> <li>- Practical counseling skills</li> <li>- Models of behavior change</li> </ul> <p>Counseling Skills 3 &amp; 4 modules which covers:</p> <ul style="list-style-type: none"> <li>- Motivational interviewing</li> </ul> <p>Counseling Skills 5 module which covers:</p> <ul style="list-style-type: none"> <li>- Group Facilitation</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Assessment Interview</u></b>  Conduct an assessment interview to obtain comprehensive and accurate data needed for treatment planning</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:  Assessment module which covers:</p> <ul style="list-style-type: none"> <li>- The Assessment Interview</li> <li>- The role of the client and the TTS</li> <li>- Case studies</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Treatment Planning</u></b>  Demonstrate the ability to develop an individualized treatment plan using evidence-based treatment strategies</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:  Treatment Planning module which covers:</p> <ul style="list-style-type: none"> <li>- Designing an effective cessation treatment plan in collaboration with the client</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Pharmacotherapy</u></b>  Provide clear and accurate information about evidence-based pharmacotherapy options available and their therapeutic use</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:  Pharmacotherapy module which covers:</p> <ul style="list-style-type: none"> <li>- Nicotine replacement therapy (NRT)</li> <li>- Pharmacotherapy options</li> <li>- Case studies</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Relapse Prevention</u></b>  Offer methods to reduce relapse and provide ongoing support for tobacco-dependent persons</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:  Relapse Prevention module which covers:</p> <ul style="list-style-type: none"> <li>- Developing a relapse plan</li> <li>- Stress management techniques</li> </ul> <p><input type="checkbox"/> Not addressed</p>

<p><b><u>Diversity &amp; Specific Health Issues</u></b>          Demonstrate competence in working with population subgroups and those who have specific health issues</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:          Treating Tobacco Dependence in Special Populations module which covers:</p> <ul style="list-style-type: none"> <li>- People with psychiatric and substance abuse disorders</li> <li>- Pregnant women</li> <li>- Florida special populations (Hispanic, African-American, rural populations)</li> <li>- Other tobacco products</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Documentation &amp; Evaluation</u></b>          Describe and use methods for tracking individual progress, record keeping, program documentation, outcome measurement and reporting</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:          Documentation and Evaluation module which covers:</p> <ul style="list-style-type: none"> <li>- Tracking client progress with cessation and relapse</li> <li>- HIPAA requirements</li> <li>- Billing and coding requirements</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Professional Resources</u></b>          Utilize resources available for client support and for professional education or consultation</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:          Professional Resources module which covers:</p> <ul style="list-style-type: none"> <li>- Resources for Tobacco Treatment Specialist (peer-reviewed journals, websites, on-line resources)</li> <li>- Resources for clients (face-to-face cessation classes, on-line cessation classes, Quitlines)</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Law &amp; Ethics</u></b>          Consistently use a code of ethics and adhere to government regulations specific to the health care or work site setting</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:          Law and Ethics module which covers:</p> <ul style="list-style-type: none"> <li>- Florida Certification Board - Code of Ethics</li> <li>- National Code of Ethics</li> <li>- Case studies</li> </ul> <p><input type="checkbox"/> Not addressed</p>
<p><b><u>Professional Development</u></b>          Assume responsibility for continued professional development and contributing to the development of others</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows:          Understanding and Utilizing Research Literature module which covers:</p> <ul style="list-style-type: none"> <li>- How to understand peer-reviewed literature</li> <li>- Where to access peer-reviewed literature</li> <li>- How to assume responsibility for continued professional development by utilizing such literature</li> </ul> <p><input type="checkbox"/> Not addressed</p>

**ADDITIONAL CONSIDERATIONS**

<p>ATTUD endorses training to and use of evidence-based treatments. Most guidelines and experts do not consider the following to be examples of evidence-based procedures: hypnosis, acupuncture, low laser light therapy, anticholinergic injections, vitamin therapy, and the use of reduced harm tobacco products.</p> <p>Given the above, do you consider your program to be evidence-based?</p>	<p><input checked="" type="checkbox"/> Yes  <input type="checkbox"/> No</p> <p>Please provide any additional commentary you would like ATTUD to consider: FSU AHEC Tobacco Program is a newly accredited program, as of June 2011.</p>
<p>It is the opinion of ATTUD that any affiliation with or funding from the tobacco industry compromises training efforts related to the treatment of tobacco dependence.</p>	<p>Is your program affiliated with the tobacco industry in any manner?  <input type="checkbox"/> Yes  <input checked="" type="checkbox"/> No</p> <p>Please explain any arrangements in detail:</p> <p>Does your program accept any funding or is it supported in any way by tobacco industry funding?  <input type="checkbox"/> Yes  <input checked="" type="checkbox"/> No</p> <p>Please explain any arrangements in detail:</p>

## ADMINISTRATIVE ASSURANCE

This application is hereby submitted to the **Association for the Treatment of Tobacco Use and Dependence** (ATTUD). We attest to the following:

1. All information provided in the associated application form is complete and accurate, to the best of my knowledge.
2. Our program has been in operation for at least one year.
3. Our program is currently active.
4. We agree to notify ATTUD with any significant changes to the information provided above.
5. We understand that if approved, our program information will be viewable on the ATTUD website and downloadable as a PDF file.

---

TTS Training Program Director:	Andree Aubrey, LCSW
Today's Date:	July 15, 2011
Telephone Number:	850-645-6439
Fax Number:	850-645-2859
Email Address:	andree.aubrey@med.fsu.edu

By checking this box, and having provided my contact information directly above, I acknowledge (a) my agreement with the statements above, and (b) this action represents the equivalent of a written signature.

---

Department Chair / Institutional Executive:	Les Beitsch, M.D., JD
Today's Date:	July 15, 2011
Telephone Number:	850-645-1830
Fax Number:	850-645-2859
Email Address:	les.beitsch@med.fsu.edu

By checking this box, and having provided my contact information directly above, I acknowledge (a) my agreement with the statements above, and (b) this action represents the equivalent of a written signature.

---