

**ATTUD APPLICATION FORM FOR WEBSITE LISTING (PHASE 1):
TOBACCO TREATMENT SPECIALIST (TTS) TRAINING PROGRAM**

APPLICATION NUMBER: TTS – 2008_7_0007

PROGRAM INFORMATION & OVERVIEW

Date of this Application	July 9, 2008
Full Name of Training Program	Intensive Treatment of the Tobacco Dependent Patient A Certification Program for Tobacco Treatment Specialists
Organizational / Institutional Sponsor	ACT Center for Tobacco Treatment, Education and Research, University of Mississippi Medical Center
Street Address	UMHC Cancer Institute, Suite 310 350 West Woodrow Wilson Drive
City, State, Zip (or equivalent)	Jackson, MS 39213
Country	United States
Website Address / URL	http://actcenter.umc.edu
Contact Name	Thomas J. Payne, PhD
Telephone	601-815-1180
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Email Address	tjpayne1@ent.umsmed.edu
Sources of Funding (check all that apply)	<input checked="" type="checkbox"/> Federal grants <input checked="" type="checkbox"/> State grants / appropriations / tobacco control programs <input type="checkbox"/> Fee for services <input checked="" type="checkbox"/> Other in-house funding <input checked="" type="checkbox"/> Pharmaceutical industry contracts <input type="checkbox"/> Foundation funding (non-governmental organizations) <input type="checkbox"/> Other, please describe:
Years Training Program has been in Existence	6 years: This workshop has been offered nationally since 2002
Number of Tobacco Treatment Specialists (TTS) trained to date	304
Is the training curriculum based upon a set of evidenced-based guidelines?	<input checked="" type="checkbox"/> Yes, cite: The training curriculum is consistent with all major evidence based guidelines for treatment, including the PHS Clinical Practice Guidelines for Treating Tobacco Dependence, the CDC Best Practices for Comprehensive Tobacco Control Programs, the ATTUD Standards for Core Competencies for Tobacco in its provision of cognitive-behavioral treatment and the use of pharmacological therapy with a strong emphasis on relapse prevention. <input type="checkbox"/> No, please explain:
Registration	Resident rate: \$300 Non-Resident rate: \$500 Student rate: \$250

Credential requirements	<p>Master's or Doctorate degree (completed or in-process) in a profession where counseling skills are emphasized but not limited to psychology, psychiatry, counseling, social work or psychiatric nursing.</p> <p>BA/BS degree in an area above.</p> <p>Formal degree in any healthcare profession in which patient contact of a counseling nature is emphasized such as medicine, nursing, respiratory, dentistry or pharmacy.</p>
Experience requirements	<p>Adequate counseling skills based on the attainment of a graduate degree with at least 1 year of recent experience.</p> <p>Two years of recent counseling-related experience is required if degree is a BA/BS or degree in a healthcare profession (counseling experience must be post-degree).</p>
Tobacco-free for a specified period?	<input checked="" type="checkbox"/> Yes, for how long: Tobacco free for at least 6 months with a stated commitment to remain abstinent. <input type="checkbox"/> No
Other requirements	

CERTIFICATION

Is Certification offered?	<input checked="" type="checkbox"/> Yes, by the training program or sponsor institution <input type="checkbox"/> Yes, by an external board <p>Describe certification process: An individual is qualified to take the certification exam if the following criteria are met: 1) attendance at an entire ACT Center Tobacco Treatment Specialist workshop and 2) verification of 250 hours of evidenced-based tobacco treatment experience at the Specialist level within the past 3 years, or within 1 year following this workshop. The on-line examination must be proctored. An applicant may take the examination up to 3 times within 1 year of completing this training program; receiving a failing grade on all 3 attempts requires attending the workshop once again. A minimum score of 70% is needed to successfully pass the certification exam.</p> <input type="checkbox"/> No certification available
Duration of Certification Award	Three years
Is Certification available to non-residents?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Cost	<input checked="" type="checkbox"/> Included as part of Training Registration Fee <input type="checkbox"/> Initial Certification fee charged: \$ <input checked="" type="checkbox"/> Re-Certification fee charged: \$50
Educational requirements	Same requirements as listed in the section on training eligibility.
Credential requirements	Same requirements as listed in the section on trainings eligibility.

Experience requirements	Applicant must provide verification of 250 hours of evidenced-based tobacco treatment experience at the Specialist level within the past 3 years, or within 1 year following this workshop.
Examination requirement (check all that apply)	<input checked="" type="checkbox"/> On-site <input checked="" type="checkbox"/> Off-site <input checked="" type="checkbox"/> On-line <input type="checkbox"/> Paper test <input type="checkbox"/> Other, describe: <input type="checkbox"/> None
Other requirements	
Number of TTS certified to date	73

ENDORSEMENT OF ATTUD COMPETENCIES

The Association for the Treatment of Tobacco Use and Dependence (ATTUD) has developed a list of core competencies. ATTUD recommends that all Tobacco Treatment Specialist Trainings offer instruction in these core areas. Brief descriptions of these competencies follow. For a more comprehensive description of the core competencies, go to: <http://www.attud.org/tts.php>

Please limit your response for each competency to a maximum of 125 words.

Definition: A Tobacco Treatment Specialist is a professional who possesses the skills, knowledge and training to provide effective, evidence-based interventions for tobacco dependence across a range of intensities. The TTS may have various professional affiliations and may work in a variety of settings including but not limited to hospitals, community health centers, HMOs, medical and dental practices, educational settings, social service agencies, tobacco treatment centers, telephone quitlines, drug abuse treatment programs and mental health centers. The TTS may engage not only in providing treatment but also in educating others (health care professionals, administrators, scientists, smokers, nonsmokers) about tobacco dependence treatments.

Which of the following are addressed by your training program?

<p><u>Tobacco Dependence Knowledge & Education</u> Provide clear and accurate information about tobacco use, strategies for quitting, the scope of the health impact on the population, the causes and consequences of tobacco use</p>	<input checked="" type="checkbox"/> This competency is addressed as follows: This competency is addressed in five of the twelve modules within the training program. These modules include: <ul style="list-style-type: none"> 1) Treating Tobacco Dependence: An Evidenced Based Approach 2) Applying the Biopsychosocial Model: Tobacco Use & Cessation in Context 3) Tobacco's Toll: Types of Tobacco, Prevalence & Impact 4) Assessment of the Tobacco User [Planned exercises: Intake Session Considerations & Intake Session Exercise] 5) Maintaining Abstinence <input type="checkbox"/> Not addressed
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<p style="text-align: center;"><u>Counseling Skills</u></p> <p>Demonstrate effective application of counseling theories and strategies to establish a collaborative relationship and to facilitate client involvement in treatment and commitment to change</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Counseling skills are addressed by both didactic and experiential methods. The treatment program is described in detail with multiple opportunities for participants apply counseling skills during planned exercises. The following modules are designed to demonstrate and describe evidenced-based counseling interventions.</p> <ol style="list-style-type: none"> 1) Improving Motivation, Maximizing Readiness for Change 2) Intake Session Exercise 3) Cognitive-Behavioral Therapy 4) Treatment Program Overview/ Delivering the Treatment Program (Session 1-6, Follow-up) 5) Group Therapy: Overview and Strategic Considerations <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Assessment Interview</u></p> <p>Conduct an assessment interview to obtain comprehensive and accurate data needed for treatment planning</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: A detailed description and discussion regarding assessing tobacco dependence is included within the didactic phase of the training program. Additionally, trainees have an opportunity to participate in planned exercises where the intake assessment is reviewed in detail and interviewing skills, data collection and data interpretation are practiced. Specifically, this competency is addressed within the following training modules.</p> <ol style="list-style-type: none"> 1) Assessment of the Tobacco User (I-II) 2) Intake Session Considerations 3) Intake Session Exercise 4) Improving Motivation, Maximizing Readiness for Change 5) Maintaining Abstinence <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Treatment Planning</u></p> <p>Demonstrate the ability to develop an individualized treatment plan using evidence-based treatment strategies</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: This training program is designed so that treatment planning is discussed and presented as a cumulative process that begins with gathering data during the intake interview. Also, treatment planning is thoroughly addressed during the planned exercises in the following modules.</p> <ol style="list-style-type: none"> 1) Intake Session Exercises 2) Cognitive-Behavioral Therapy 3) Pharmacotherapy I: Assumptions and Traditional Usage 4) Pharmacotherapy II: Advanced Considerations 5) Improving Motivation, Maximizing Readiness for Change <p><input type="checkbox"/> Not addressed</p>

<p style="text-align: center;"><u>Pharmacotherapy</u></p> <p>Provide clear and accurate information about evidence-based pharmacotherapy options available and their therapeutic use</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Within this workshop, a comprehensive body of literature is presented that describes usage, combination therapy, benefits of medication and counseling, recent research to support efficacy and safety, withdrawal and side-effect issues and procedures for collaborating with healthcare providers regarding medication decisions. Additionally, trainees will have an opportunity to practice providing patient education during the intake and treatment planning exercises. Detailed content regarding pharmacotherapy is addressed within the following modules.</p> <p>1) Treating Tobacco Dependence: An Evidenced-Based Approach 2) Pharmacotherapy I: Assumptions and Traditional Usage 3) Pharmacotherapy II: Advanced Considerations</p> <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Relapse Prevention</u></p> <p>Offer methods to reduce relapse and provide ongoing support for tobacco-dependent persons</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Relapse prevention is presented didactically in the following modules.</p> <p>1) Maintaining Abstinence 2) Treatment Program Overview/Delivering the Treatment Program (Sessions 1-6, Follow-up)</p> <p>Additionally, there are multiple opportunities for trainees to demonstrate their knowledge of relapse prevention and counseling skills during practice sessions for intake, treatment and follow-up.</p> <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Diversity & Specific Health Issues</u></p> <p>Demonstrate competence in working with population subgroups and those who have specific health issues</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Treating special populations and specific health issues are addressed within several modules of the training program. Descriptions of appropriate use of medications, modifications in treatment techniques and tobacco's effect on and contribution to various health issues. The following modules specifically address this competency.</p> <p>1) Treating Tobacco Dependence: An Evidenced Based Approach 2) Assessment of the Tobacco User I: Core Dimensions 3) Assessment of the Tobacco User II: Additional Factors 4) Tobacco's Toll: Types of Tobacco, Prevalence & Impact 5) Pharmacotherapy II: Advanced Considerations</p> <p><input type="checkbox"/> Not addressed</p>

<p style="text-align: center;"><u>Documentation & Evaluation</u></p> <p>Describe and use methods for tracking individual progress, record keeping, program documentation, outcome measurement and reporting</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: The importance of documentation and evaluation is discussed thoroughly throughout this workshop. These issues are also addressed during the planned exercises. There are several modules that address this competency, with one designed to specifically address program evaluation. The modules are as follows.</p> <ol style="list-style-type: none"> 1) Treating Tobacco Dependence: An Evidenced Based Approach 2) Assessment of the Tobacco User I: Core Dimensions 3) Assessment of the Tobacco User II: Additional Factors 4) System & Administrative Considerations 5) Treatment Program Evaluation <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Professional Resources</u></p> <p>Utilize resources available for client support and for professional education or consultation</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Participants are provided with a Tobacco Treatment Specialist Workshop Manual and ACT Center Tobacco Treatment Program materials, including Therapist Treatment Guide, Client Workbook, Clinic Chart, a list of resources and bibliography for future reference and professional education. Resources are also discussed during the following module.</p> <ol style="list-style-type: none"> 1) System & Administrative Considerations <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Law & Ethics</u></p> <p>Consistently use a code of ethics and adhere to government regulations specific to the health care or work site setting</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Ethics, professionalism, confidentiality, HIPAA, and specific worksite regulations are discussed as part of the following module.</p> <ol style="list-style-type: none"> 1) Treating Tobacco Dependence: An Evidenced Based Approach <p><input type="checkbox"/> Not addressed</p>
<p style="text-align: center;"><u>Professional Development</u></p> <p>Assume responsibility for continued professional development and contributing to the development of others</p>	<p><input checked="" type="checkbox"/> This competency is addressed as follows: Professional development is discussed as part of the follow module.</p> <ol style="list-style-type: none"> 1) Treating Tobacco Dependence: An Evidenced Based Approach <p>All participants are encouraged to join ATTUD and other organizations, to promote and contribute to evidence-based tobacco treatment.</p> <p><input type="checkbox"/> Not addressed</p>

ADDITIONAL CONSIDERATIONS

<p>ATTUD endorses training to and use of evidence-based treatments. Most guidelines and experts do not consider the following to be examples of evidence-based procedures: hypnosis, acupuncture, low laser light therapy, anticholinergic injections, vitamin therapy, and the use of reduced harm tobacco products.</p> <p>Given the above, do you consider your program to be evidence-based?</p>	<p><input checked="" type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Please provide any additional commentary you would like ATTUD to consider: ACT Center faculty staff are highly experienced with regard to relevant clinical and research domains.</p>
<p>It is the opinion of ATTUD that any affiliation with or funding from the tobacco industry compromises training efforts related to the treatment of tobacco dependence.</p>	<p>Is your program affiliated with the tobacco industry in any manner? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain any arrangements in detail:</p> <p>Does your program accept any funding or is it supported in any way by tobacco industry funding? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Please explain any arrangements in detail:</p>

ADMINISTRATIVE ASSURANCE

This application is hereby submitted to the **Association for the Treatment of Tobacco Use and Dependence** (ATTUD). We attest to the following:

1. All information provided in the associated application form is complete and accurate, to the best of my knowledge.
2. Our program has been in operation for at least one year.
3. Our program is currently active.
4. We agree to notify ATTUD with any significant changes to the information provided above.
5. We understand that if approved, our program information will be viewable on the ATTUD website and downloadable as a PDF file.

TTS Training Program Director:	Thomas J Payne, PhD
Today's Date:	July 9, 2008
Telephone Number:	601-815-1180
Fax Number:	601-815-5986
Email Address:	tjpayne1@ent.umsmed.edu

By checking this box, and having provided my contact information directly above, I acknowledge (a) my agreement with the statements above, and (b) this action represents the equivalent of a written signature.

Department Chair / Institutional Executive:	Scott Stringer, MD, MS
Today's Date:	July 9, 2008
Telephone Number:	601-984-5167
Fax Number:	601-815-3101
Email Address:	sstringer@ent.umsmed.edu

By checking this box, and having provided my contact information directly above, I acknowledge (a) my agreement with the statements above, and (b) this action represents the equivalent of a written signature.
